The Way of the Pattern

v.7.0.1 synoptic

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Now is the Time

What is The Way of the Pattern?

- I. Now
- II. this
- III. The Privy Council
- IV. EU-HU THHHH-A
- V. The 11-Chain
- VI. The Way & Its Power
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The Privy Council

Should you read this?

"The knowledge of the secrets of the kingdom of heaven has been given to you, but not to them. Whoever has will be given more, and he will have an abundance. Whoever does not have, even what he has will be taken from him. This is why I speak to them in parables: Though seeing, they do not perceive; though hearing, they do not understand."

Matthew 13:13

A Request

Whoever you are, reading these texts, I must make of you a serious request, to which I attach the sternest sanctions that the bonds of love can bear. It does not matter if these belong to you, whether you keep them for someone else, or are borrowing them, whether you have happened on them or sought them out, you are asked not to read them, speak of them, write about them, unless it is done with an open mind and an open heart. Unless you are the kind of person who is aware, engaged, and knows there is something more than the everyday. I have in mind a person who leads a good and active life, but knows the feeling of being more. More than themselves, and instead, part of everything.

If you do read these, and choose to share them with someone, please warn them, as I warn you, that this is not intended to make sense to anyone. It is meant only as an expression of my imagination. An externalized, extended fantasy about the deepest questions of everything. If you do proceed, I ask that you do so fully, for it is possible that certain texts do not stand by themselves, but require the context of other texts to complete their meaning. Although it is now out of my hands, I fear that without a conscientious reading, you may get the wrong idea. To avoid a blunder such as this, I ask you to consider my requests, and, perhaps, stop here.

As for worldly gossips, flatterers, the scrupulous, the ambitious, busybodies, and the hypercritical, I would just as soon they never laid eyes here. I had no intention of writing for them, so I prefer that they do not read on. This applies also to the merely nosy, educated or not. You may be fine people by the standards of everyday life, but what's here is not well suited to your needs.

But, there are some who may be prepared to grasp what is meant by all this, who are not yet aware of it. I am thinking of those who have read this far, despite not understanding. Those who have memories of moments past, when the instant, the fullness of right now, made them aware of something greater than themselves. They have felt an inner stirring to seek something deeper, or followed their imagination to the edge of experience. Perhaps they don't seek deep truths as a vocation, but they do contemplate the mystery of the moment. Perhaps they are not learned in philosophy or theology, but they do think about the experience of existence. They have felt the beauty of mystery, and the delight of understanding, but perhaps were afraid of embracing them too fully. If you are one of them, I hope reading this will encourage you and reassure you. Not to believe in my words, or to spread my ideas, but to instead embrace the mystery. To imagine your own answers, and to express them.

no-ith chalur-ya three-zero day-s The Twenty-One Days 北京村田 月色 chalur un day one Day One

PRH•RH•BI

eda-ta-go

know-you-never

You never know.

ІННН ЦНП chalur Ike

day two

Day Two

부用·부부·실칙 등부성학생·취고

ki-pa-tu naluth-cho fall-I-was once-ly Once, I was falling... НаEПchalur noday threeDay Three

---Ta ka Asu-te-dA kosid-cho--you It think-you-! this-way-ly: Think of it this way:

RAPAR.O DE PAUNA.O ARA.PA HOA

susAv-o osh kutAb-o Asu-ka Adnu fish-a in bowl-a think-it that A fish in a bowl thinks

EURNH UUP-PU PPH-FU

meyali eda-ke ugA-cho world know-it complete-ly it knows the world completely,

APPL AND BOUNT THANK AN

iya gelish eda-ke noth-chobut nothing know-it true-lybut truly it knowns nothing

ロ돈 심부 워틱입다.워桪.EH 워텀Ł·취디

om ta kudno-ka-ni sish-cho with you be-it-could similar-ly So it could be with you:

HUH·NH HUH HNH·NH

Asu-ta Adnu eda-ta think-you that know-you You think you know,

위점 범위복·법부·취미

iya Asu-ta-go but know-you-never but you never know.

有出口的 田口出户

chalur dota day four Day Four

--- Ta ka Asu-te-dA kosid-cho --you It think-you-! this-way-ly Think of it this way:

부부원·미 님칙 부미위부칙·미·위 HU부

gAth-na ek korug-o-ya Adnu animal-s without eye-s that Animals without eyes

AHHAHA U HAH· HH HUH· HU EHH· FD

selir-o Age-ka eda-ke-go muth-cho light-some exist-it know-it-never even-ly never even know light exists.

DE BA AADD.AA.EA AA.fD

om ta kudno-ka-ni sish-cho with you be-it-could similar-ly So it could be with you,

和公司 有用。由于 中中山 田田 中中山田中山

Adnu chi-ki ka va-te il va-te-pa that claim-to It understand-you or understand-you-will so to claim you do now, or ever will, understand it all

EALHE I PHPHH PHDH

nevem-o pebAl kudna delusion-a foolish it-is is a foolish delusion.

有出口的 田口出户

chalur voda day five Day Five

---Ta ka Asu-te-dA kosid-cho--you It think-you-! in this way Think of it this way:

HAMAH HURHAMA PACA

lisir reyali-le kudna It infin-ite is It is infinite.

el lisir selib-o va-ki relir edi-ke gudes-cho about It thing-a understand-to nothing mean-it thus-ly So, to understand one thing about it,

HALL TH. TH. HUH HUH HUH HAH.

kude relir Adnu eda-te-ro Age-ke because everything that know-you-not exist-it means nothing, for there is everything that you do not know,

PAUP HURAL HUP HUP-HU-FIU FURHIH PAUP

aya kude relir Adnu eda-te-ro relir kudna and because everything that know-you-not everything be-it and what you do not know is everything.

HUPAR HE HAR-AU HURAR PACH

reyali un uli-ke reyali kudna
infinity one subtract-it infinity is
Infinity minus one equals infinity, therefore,

HUMMH HUM HUM-UM MUMMA PHUM PHUMM-FU

relir Adnu eda-ta gelish kudna gudes-cho everything that know-you nothing is thus-ly all you know is nothing.

FAMAR AUUE

chalur iten day six Day Six

부유 부리부 토부유부부・유 부부리부 토미ギ・버님 님님부・님님

ar Adnu muyaga-ya kudna moch-le eda-te how that person-a wisdom-y know-you How do you know who is wise?

194.44.41

eda-ta-go know-you-never You never know.

HH-HH EHUHH-H ANH-HH

ar Adnu muyaga-ya eda-te how that believe-to know-you How do you know what to believe?

HHH.HI.

eda-ta-go know-you-never You never do.

有样格用 电E·用出

chalur un-ith day one-zero Day Seven

BAUA BAUA BAUA

Tuth nuthis kudna now time is Now is the time.

BAUA BAUA BAUA

Tuth nuthis kudna now time is Now is the time.

임취상 문부상위의 성취입부

Tuth nuthis kudna now time is Now is the time.

BAURA BAURA BAUR

Tuth nuthis kudna now time is Now is the time.

BAUFA BAUFA BAUFA

Tuth nuthis kudna now time is Now is the time.

BAUA BAUA BAUA

Tuth nuthis kudna now time is Now is the time.

BAUA EAUAN PAOA

Tuth nuthis kudna now time is Now is the time.

LAND HE PE chalur un-un day one-one

Day Eight

HOA EOU·HU ULOUA HUA·AU·UO AE·HU

adnu noth-le evotu eda-pe-to un-le that truth-y was know-I-did first-y The first time I knew it was true,

ar pa-yane korug-ya odu-to-le lo-pa-tu when me-mine eye-s close-d-y sit-I-was I was sitting with my eyes closed,

HA MURHA HA PA EP-PU-UD

aya seyare el pa fa-pe-to and gold-light before me see-I-did and I saw its golden light before me.

ar pa-yane korug-ya ode-to-le gelish Age-ka-tu when me-mine eye-s open-ed-y nothing exist-it-was When I opened my eyes there was nothing.

iya lisir ir pa oke-ke-to but It behind me feel-I-did But then I felt it behind me,

부유 부부・유통법 ድ납위되어 선칙다・미 워니어워낙・워싱 디착님・석심・비디

aya ul pa-yane merol budn-o seyaru-le oke-ke-to and on me-mine back hand-a warmth-y feel-I-did and I felt a warm hand on my back,

AR NO.44.NO EAU.40 AUARA ER.4U.NO

iya do-pa-to nuth-cho gelish fa-pe-to but turn-I-did then-ly nothing see-I-did but when I turned I saw nothing.

취임 부분·미니

chalur un-ike day one-two Day Nine

osh selor ufa-pa-tu aya pa-yare ƙorug-ya odu-pe-to in sun walk-I-was and me-mine eye-s close-I-did I was walking in the sun and I closed my eyes.

워브닝닉片 취임 워널 디닝터・워널・쥐널

lisir el pa osA-ka-tu It before me flash-it-was It was all flashing before me.

HUNAH DŁ PP-AHU HURLY-PHU EUROP DPU-PU-

lisir osh pa-yare reyavu-yare merol oke-pe-to It in me-mine head-'s back feel-I-did I felt it in the back of my head.

부부・심위 부리커부칙・심 디자카・워싱 우리・눅눅・워디

pa-yare korug-ya ode-ki vo-pa-to me-mine eye-s open-to had-to-I-did I had to open my eyes, ЫЫ ЙЙ·НП ЕП·ЙЫ·ЫП·ЕП

il pa-iya fi-pe-to-ni or me-self lose-I-did-would or I would have lost myself.

othA-pa-to-ro do-right-not-I-did I made a mistake. thall percentage chalur un-no day one-three Day Ten

부터·누타·지수 트뉴워쉬아·소디 비난

ki-pa-tu naluth-cho iya
fall-I-was once but

Once, I was falling, but

HOH ANH-AH-NA EALAN-FO HAH-AU-NO

Adnu ige-pa-tu nishad-cho ese-pe-to that sleep-I-was safe-ly dream-I-did I dreamt I was sleeping safely.

有的性性 中医·自己出种

chalur un-dota day one-four Day Eleven

口头 为口科用头 用勺用・勺戶・Ы口 丹口科用户・节口

osh kolish AgA-pa-to solAb-cho in wasteland awake-I-did sudden-ly Suddenly, I awoke in the wasteland

aya reyalu ur pa gelish Age-ka-to and everywhere around me nothing exist-it-did and all around me there was nothing.

RR HOH EHU-FO 워니버티션·O 워커OH UUU-워쉬

iya Adnu muth-cho gelish selib-o kudna ede-pe-to-thu but that even-ly nothing something-a is told-I-did-was But I have been told even nothing is something,

HANDA SO PARUH PODA A-PAPODA LARANA

aya pa-yare korug-ya Adnu reyalu osh kolish and me-mine eye-s that everywhere in wasteland and, so, my eyes could see all around in that place FUNHE-F FUNH-PH-HH-FF-PH FF-PH

polAm-ya ite-ge-tu-thu fa-ki ru-ga-tu idea-s make-manifest-they-was-were see-to able-they-were ideas were made manifest.

환부 부분 부분 아니지 chalur un-voda day one-five Day Twelve

HUAL HARA EAUAN HARA

teyave "tuth nuthis kudnu sky "now time is The sky said, "Now is the time

PA PA-PAR EPABO OF POMBE OUNT-MA EAMO... HUN-PAPE

aya pa-yare nayado osh colev othA-le milo" ede-pa-to and me-mine friend in place not-right-y are-you" said-it-did and you, my friend, are in the wrong place."

budn uth teyadA-ya tu-pe-to-thu hand through heaven-s lift-it-did-was The hand lifted me up through the heavens

用臣 有中国的 有相中的 的一种,有 有相似的

Am chupeg alu-ka-to sish-cho kadn-le until pressure become-it-did real-ly bad-y until the pressure became so bad

HOA AA.AAA AAAAA HAAAA

Adnu pa-yare repos fi-ke-tu-thu that me-mine body lose-it-did-was that my body was lost.

부만 부탁나라 한 부부나다는 보다만 부탁 보면 보다 보다 보다 되다.

aya kude pa-yare korug-ya fi-pa-to and because me-mine eye-s lose-I-did And because I had lost my eyes,

fa-ki ru-pa-tu-ro iya oda-ki ru-pa-tu nAyado-cho see-to able-I-not-was but believe-to able-I-was on-ly I could not see, but only believe,

미워님·워터 워틱·셔틱·님틱·워디 커쥐 뭐쥐틱·워터 워틱·셔텀·님틱 문워쥬出다·취디

oke-ki ru-pa-tu-ro iya Asu-ki ru-pa-tu nAyado-cho feel-to able-I-not-was but think-to able-I-was on-ly I could not feel, but only think.

aya ƙarosh-pa-tu Adnu da-pa-tu and confused-I-was that be-certain-I-was And in my confusion,

HOH ONA PHAEH HAREH

Adnu oda-ki radn-le kudna that believe-to goodness-y is I thought I knew to believe.

iya teyave "ele-ta-ro" ede-ka-to but sky "be-correct-you-not" say-it-did But the sky said, "You are wrong."

指的相用 电E·用出出E

chalur un-iten day one-six Day Thirteen

부생유・부심・심부・생부 문부생・취口

uthi-pe-tu-thu nuth-cho lessened-I-was-was then-ly Then I was made small,

부짐 워디틱 워디틱 E텀워틱 님님틱·침틱·님디

aya Adnu soch mulu edu-pa-to and that inside was-I know-I-did and I knew I was inside.

PA POT UP-PP-BO DUM-FD

aya soch du-pa-to othA-cho and inside travel-I-did as-ly And as I traveled the inside,

HUHAE.U UNH.AH.NU.NA

lorum-o ode-ke-to-thu hole-a open-it-did-was a hole opened

中日 口E中中中日

aya onu-pa-to and go-out-I-did and I went out.

PAPA UŁ EPRPA BRRAG. BU PA

aya osh mayare lisAn-le mulu and in garden beauti-ful was-I And I was in the beautiful garden

HH HANDE EFFE

Ar retosh fa-pa-to when fountain see-I-did when I saw the fountain.

HU HUH EHUHU EHUH HUHAHAHA

aya Adnu nusar mulu eda-pa-to and that home was-I knew-I-did And I knew I was home.

₹₽₽₽₽ ₽₽Ы·₽Ы

chalur ike-ith day two-zero Day Fourteen

···月月口·月月·日月···

--- elo-ba-dA --"let us be joyful"
Gaudeamus Igitur

HU AUAUA UEA·UA UUA·FU

uth kores oni-ti othA-cho through gate enter-you as-ly Entering through the gate

用用 出户、用品 的用口 与作用、出户

ir ta-yare sidn uchi-ta behind you-r fate hide-you you hide behind your fate,

FHEHE EHNHEINH FAINHINDINH

vinum milun-le ve-te-to-thu
weight promise-y hold-you-did-was
held down by the weight of promises.

HAMAH HAMAH

liseth kadn oku "nothingness it must feel" What a sin!

EHUHH HU-HH-HU

nuthis to-te-to time waste-you-did
The time you've wasted.

HARI DAA NAGHA

liseth kadn oku "nothingness it must feel" What a sin! 指的相 用的目·相区

chalur ike-un day two-one Day Fifteen

HA HOHAM HEATHOU

uth kores ufa-pa-to through gate walk-I-did I walked through the gate

HA EARLA DALAHANA DA LAREDAD EACHA

aya muyavi-o ushi-ke-tu-thu osh shuyano-o nudn-le and woman-a cover-her-was-was in blue-a mystery-ous and saw there a woman draped in mysterious blue,

부짐 녹취내·성내·심부·성부 디토 상디러운부·디 워디부 논부·취내·出口·워디 논부·취내·出口

aya uche-ke-tu-thu osh thoyanu-o Adnu fa-pe-to-go fa-pe-to and veil-her-was-was in color-a that see-I-did-never see-I-did and veiled in a color I've never seen.

打⁴44円 円⁴4·日⁴4

chalur ike-ike day two-two Day Sixteen

四千 医科别州 医科别内心口 科科州·科特·科特

osh mayare muyado-o Age-ka-tu in garden man-a exist-he-was There was a man there, in the garden,

HOH PA-HR HUR-PH-UH

Adnu ka-iya edi-ke-tu that him-self disscuss-he-was discussing with himself

HAH EARAH.AU EUU HEH.AU

ler muyaga-be noth AnA-be
why people-us truth obsess-we
why we are so obsessed with the truth, us people.

打HHHH HHH·E口

chalur ike-no day two-three Day Seventeen

E用的自由。由的由。由自由。由于由于

nisud-o Age-ka-ro reward-a exist-it-not There is no reward,

resud-o Age-ka-ro punishment-a exist-it-not There is no punishment,

EDU HAH. HA EHRUD. FD

noth AgA-ka nAyado-cho truth exist-it on-ly There is only the truth.

打声站中田 田中山·田口山中

chalur ike-dota day two-four Day Eighteen

HUU-HH HHHHHHHH HHUH

udno-ki pebAl-le kudna plan-to fool-ish is To make plans is foolish,

HAIS HARING HAPING HAPING

kude ur duth-yare noth eda-ka
because who tomorrow-'s truth knows-it
for who knows the truth of tomorrow?

duth Age-ka-ro tomorrow exist-it-not There is no tomorrow,

HAH-HAH HAH-HA EHUND-FD

tuth-yare Age-ka nAyado-cho now-'s truth exist-it on-ly there is only the truth now.

chalur ike-voda day two-five Day Nineteen

HOHA FA.AH.AD

kore fa-pe-to gate see-I-did I saw the gate,

부심 부러 부명 취임취임 취임부·취취·임집

aya Ar uth kore ufa-pa-to and when through gate walk-I-did and when I walked through

Suchaf mulu
outside was-I
I was outside.

EAREA·17 样4用·44·41

muyavu-o ashi-pa-to girl-a little find-I-did I found a young girl

··· אַ אַאָּיאָן אָדּווּרָיי אַן אַ אַאַיאָן אַבּווּרִיי אַ אַ בּאַאַאָן אַבּווּריי

"Ar ugA-ka-pa ar nusar Anov"
when be-complete-it-will, how home go-you-will"
"How will you get home, when it is over?",

HAM-HAM

pa ede-pe-to me say-she-did she asked me.

打きませる 日本日・日日日E

chalur ike-iten day two-six Day Twenty

हमित्रमि ह्यान्य हमित्रम् ह्यान्य

nusar no-ki, mayare no-ki, home remember-to, garden remember-to, It is always better to remember home,

AUDL PHIDH-ID ED-PA

retosh suchol-cho no-ki fountain clear-ly remember-to, to remember the garden,

동미심用위·워님·워칙 워틱입부 E칙범부칙·취미

nothis-le-ru kudna mulag-cho good-y-er is-it always-ly and the fountain clear,

ile retosh uge-ki than gate fear-to than to fear the gate,

AND PAU-PA HUA AUDI DEP-NU-PA EDNHA-FD

ile uge-ki Adnu retosh onu-te-pa nolAb-cho than fear-to that gate go-out-you-will eventual-ly than to fear that one day you will have to go through the gate.

부부님님 뭐리부 위ଧ처러부·미 리토 리투닝 유미방님부·워님 부부리부

kude Adnu selib-o om dnuth rotheg-le kudnubecause that thing-a for future false-ly isFor that is something for the falsehood future,

HIP HALL EAUTH PALL FIR

iya tuth nuthis kudna but now time is but now is the time.

₹₽₽₽₽ E□·用Ы

chalur no-ith day three-zero Day Twenty-One

····BAU EAUAN PAOA···

now time is

Now is the time!

PAU AU BA ALA-PA-PA EAU-FU EAUAPA-U

budn idn ta Afu-ka-pa nidn-cho nuthis-o hand for you come-it-will perhaps-ly time-a Perhaps, some time, the hand will come for you.

HH HH.HH.FH EHH.FU

ir da-te-pa nuth-cho what be-certain-you-will then-ly What will you be certain of then?

AH DUP-UU-PP EPU-FD

ir oda-te-pa nuth-cho what believe-you-will then-ly What will you believe then?

ALL HE HEA-HA EALL-FO EAUAPP.D

idn ta Afu-ka-pa nidn-cho nuthis-o for you come-it-will perhaps-ly time-a Perhaps, some time it will come for you.

BAU EAUAN PAOP EACHTO

Tuth nuthis kudna nidn-cho now time is perhaps-ly Perhaps, now is the time!

チムムトトP BBとトB・チD

chalur-ya devuth-cho day-s subsequent-ly The Days After

DIFFIRM HE EFRANCE

oshu-le uf mayare Ano-eto
confuse-y out garden go-you-did
Confounded after leaving the garden you ask,

日日・日日中 日日・日日 | 日日・日日・日日 | 日日・日日 | 日・日日 | 日日・日日 | 日日・日 | 日日 | 日 | 日日 | 日 | 日日 | 日日 | 日日 | 日日 | 日日 | 日日 | 日 | 日日 | 日

ir pa-yare karosh alu-le-to ude-te what me-mine confusion become-of-it-did ask-you "What became of my confusion?"

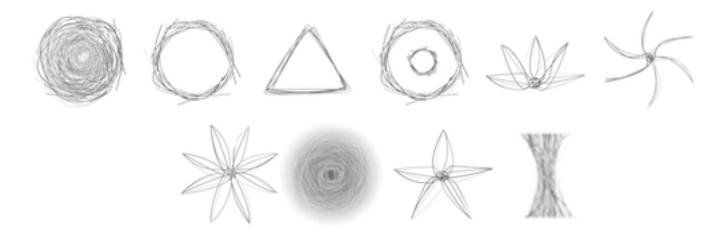
til Age-ka-to-go either exist-it-did-not I reply, "Either it wasn't anything,

HH HHH-HH-HH HH HH-HH EHH-FH HH

il Age-ka-to iya Age-ka-ro nuth-cho edA-pe or exist-it-did but exist-it-not present-ly reply-I or it was something that has now ceased to be."

The 11-Chain

v.10.7 synchronicity



Unity



Only everything exists.

Although reality appears to be made up of different things, all things are one. ¹ Turning the existence we perceive into the everyday things we conceive is the work of our imaginations. ² Our perception of patterns, ³ rearranged at every scale, to give us useful understanding. But they are veils ⁴ of the hard, silent, truth of the oneness of all. There is no self, no other, only the real oneness of this existence. It is not nothingness, but everythingness. Our everything. The one being that trumps the many signs ⁵ and sentiments which follow. Signals for the insignificance of life, its wonders and tortures, in the face of the all encompassing all. Nothing is, but everything, now. You, in the magnificent singularity ⁶ of this moment of existence, as one, unified, whole. Now is the time! ⁷ This is it. All existence is in our here and now. We have nothing else, if we will admit it. Our transcendent experience points us to the truth of all things; the rest is our handiwork. The fullness of now ⁸ is the source point of all belief. The start of all we understand, all patterns and their seeming complexity, our creations, every change, life, death ⁹ and redemption. We have faith in these works of our imagination, making things understandable. But there is only one thing: ¹⁰ our unknowable now. What is existence? It is just an un-imaginable ¹¹ everything.

1 It is wise to hearken, not to me, but to my word, and to confess that all things are one." - Fragment 50, Heraclitus. 2 This is not to say they do not exist. The bullet that kills you is real. Rather, remplicating external existence to an internal understanding depends on the creation of a representation by our minds. 3 "If the doors of perception were cleansed everything would appear to man as it is, infinite." - The Marriage of Heaven and Hell, William Blake 4 Kashf, a Sufi concept meaning "unveiling", is the process of removing the veils of perceived reality that separate us from the universality of the reality of realities (i.e. Allah's oneness). 5 Cours de linguistique générale, Ferdinand de Saussure 6 A singularity is a point at which a given mathematical object is not defined. Being alive in the moment cannot be defined. 7 BHR EHRHH BHR "When you begin to include more in your awareness than the content of your thoughts and fantasies, you realize the fullness of now." - Nothing Personal: Seeing Beyond the Illusion of a Separate Self, Nirmala 9 "A myriad of men are born; they labor and sweat and struggle. When release comes at last—the only un-poisoned gift earth ever had for them—and they vanish from a world where they were of no consequence, a world which will lament them a day and forget them forever." - Mark Twain 10 "Set Yourself on Fire", Stars 11 "Indeed our task as your guide is to trigger the processes by which you build intuition and insight into the Unimaginable." - The Unimaginable Mathematics of Borges' Library of Babel, William Goldbloom Bloch

Duality



Understanding begins with duality.

How can you believe that all things are one, but also that there is a pattern which shapes reality into significance by the selective preservation of persistent existence? Because those are just different ideas about the same thing. How can you believe that there is only one real thing, yet we each construct our own reality? Experience! How do you make choices without belief in a comprehensible objective truth? 2 Analyze for principles. Look for prototypes.³ Break down emergent complexities.⁴ How can you find your way without an authority? Follow your intuition⁵ and have faith in your experience. Find the way of the pattern as empirically observed, tested and revisited, understood and confirmed. Remember that both the everything and all the different things are true in their way. Balancing mystery and reason, this is the only way to come to peace.⁶ Things only have meaning when they have difference. The heart of love and affection: only in the other can we truly find ourselves. If a figure has no background, it is an indistinguishable part of the whole. Without our perceiving it, 8 measuring it, naming it, a thing is unknown, so it remains everything, and so therefore, meaningless.9 But we apprehend things, and so they must have distinct meaning. Everything exists as one, 10 but only makes sense when we accept difference.11

1 "The basic problem is to understand that there are no such things as things; that is to say separate things, separate events. That is only a way of talking." - Watts on Wiggles Waves, Alan Watts 2 The Correspondence Theory argues that "truth" is whatever corresponds to reality. An idea which corresponds with reality is true while an idea which does not correspond with reality is false. 3 Principles of Categorization, Eleanor Rosch 4 An emergent property of a complex system is one which arises unpredictably from the combination of simpler parts. 5 "It is through logic we prove, but through intuition we discover." - Science and Method, Henri Poincaré 6 "Life cannot submit itself to reason, because the purpose of life is living and not understanding." - The Tragic Sense of Life, Miguel de Unamuno 7 Monism is the view that the variety of existing things can be explained in terms of a single reality, or substance. 8 The term qualia defines the intrinsic subjective characteristics of sensed experience: the actual sensation of pain, the ineffable experience of seeing red, the feeling of the smell of roses. 9 "'Meaningless! Meaningless!' / says the Teacher. / 'Utterly meaningless! / Everything is meaningless.'" - Ecclesiastes 1:2 10 If existing is itself a quality, then every thing that is, shares some common being. 11 "Do I contradict myself? Very well, then I contradict myself. I am large; I contain multitudes." - Song of Myself, Walt Whitman

3.1, 5.1, 5.3, 5.4, 5.11, 6.2, 6.9, 6.15, 6.18, 6.19, 6.23, 6.27, 6.34, 6.39, 7.x.y.2, 7.x.y.13, 7.x.y.16

Patterns



Patterns give everything meaning.

The reality of each moment has no meaning. It has no answers for us. It has only existence. Understanding is derived. Meaning requires time, change building frequency. Just as there is only one thing, that thing has one pattern. The pattern is the reason for all frequencies, the force that governs all energy. The pattern of all things is known by the ways it makes meaning manifest. Chance, coincidence, choice or fate, one net of causation rules us all. The pattern is why: why this eroded and that fossilized, why you chose this and not that, why there is beauty and why there is suffering. The one reason that explains everything. Being built from becoming, so that 7 will be just as it is. Sometimes we understand why, and sometimes we are why. The pattern makes us, but we also make patterns. We are pattern finding, creating and enjoying animals. Our knowing and caring come from the pattern. It is our source of meaning, joy and purpose. The cause that incarnates all things. We often cannot trace the cause of things, but anything can have meaning, if we make it so. The pattern is the way we know things. It's everything's meaning.

1 "Life has no meaning. Each of us has meaning and we bring it to life. It is a waste to be asking the question when you are the answer." - Joseph Campbell 2 The derivative of a function of a real variable measures the sensitivity to change of a quantity (a function or dependent variable) determined by another quantity (the independent variable). 3 "The pattern, and it alone, brings into being and causes to pass away and confers purpose, that is to say, value and meaning, on all there is. To understand is to perceive patterns. To make intelligible is to reveal the basic pattern." - The Proper Study of Mankind, Isaiah Berlin 4 Energy is the animating property of matter and its ability to cause change. It is transferable, can be converted in form, but is conserved. 5 The pattern literally "makes" sense. 6 "Try to exclude the possibility of suffering which the order of nature and the existence of free-wills involve, and you find that you have excluded life itself." - The Problem of Pain, C.S. Lewis 7 The numeral 7 is here used to signify the ultimate truth or reality, existence, the universe, etc... 8 "Humans are pattern-seeking story-telling animals, and we are quite adept at telling stories about patterns, whether they exist or not." - "Out of This World", Michael Shermer 9 "Only the unknown frightens men." - Antoine de Saint-Exupéry 10 Senseless tragedies occur. But it is their causes that remain unknowable, not their effects. 11 The pattern provides a unified theory of epistemology, a convenient sign for the totality of sense, as 7 provides a unified representation of the totality of referents.

2, 5.1, 5.2, 6.1, 6.3, 6.4, 6.14, 6.17, 6.19, 6.24, 6.25, 6.26, 6.27, 6.28, 6.30, 6.31, 6.32, 6.35, 6.37, 6.38, 6.39, 6.40, 7.x.y.3, 7.x.y.12, 7.x.y.13, 7.x.y.17, 7.x.y.19

Complexity



Complexity is emergent.

What we know is so little of all that can be known, and everyday we invent more to learn. So we will always be bewildered, ignorant. Then we derive more meaning, not just from the pieces, but the way they are combined. Synergy multiplying meaning beyond understanding. Any understanding we do get, any model we make, is limited by our experience. Learning compounding on learning. Ideas sharing, influencing, reproducing from mind to artifacts and back. Confounding complexity building on complexity, as life and mind evolve the Earth. Patterns building on patterns, unpredictably and incessantly. New domains of persisting organization compounding on old. All emergent from a few, simple, principles. The basic truths of existence, difference, pattern. The many permutations of the pattern ensuring our context remains beyond comprehension. In almost all situations, we are ignorant of most of the effects of our actions. So often the best action is no action. Embracing ignorance, acknowledging our inability to follow all the chains of effect, you feel responsibility lifted. The complexity that so vexes us, sets us free. Let go of needing to know and gain the freedom to just be, duties negated in the choice to let the pattern work its way.

1 "The mind of man is this world's true dimension / and knowledge is the measure of mind. / As the mind in her vast comprehension / contains more worlds than all the world can find, / so knowledge doth extend / far more than all the minds of men can comprehend." - Fulke Greville 2 "Sell your cleverness and buy bewilderment." - "The Faqir and the Treasure", Rumi 3 "101.01 Synergy means behavior of whole systems unpredicted by the behavior of their parts taken separately." - Synergetics, Buckminster Fuller 4 "Existence is larger than any model that is not itself the exact size of existence (which has no size...)" - Nature's God, Robert Anton Wilson 5 Life on earth will continue to increase in complexity as long as energy is continuously added to the system by the sun. 6 "What you see, I think is the morphogenetic field. The invisible world that holds everything together. Not the net of matter and light, but the net of casuistry — of intentionality, of caring, of hope, of dream — of thought." - "Light at the End of History", Terence McKenna 7 Flatland: A Romance in Many Dimensions, A Square 8 "Real knowledge is to know the extent of one's ignorance." - Confucius 9 "Worry is a misuse of the imagination." - Believe, Dan Zadra 10 "Let It Go", Gaelynn Lea 11 Wu wei (non-doing) is an important concept in Taoism that means behaving in a completely natural, uncontrived way.

2, 3.0, 4.3, 4.4, 4.5, 4.0.2, 5.1, 5.2, 5.6, 5.7, 5.11, 6.30, 6.31, 6.40, 7.x.y.4, 7.x.y.14, 7.x.y.15, 7.x.y.18

Handiwork



Our reality is our handiwork.

The mind is the organ of perception of the pattern, a fold in the meaning of all things, the way fractals² form the same shape at different resolutions. Consciousness built on the experience of your ancestors, in genetic and memetic³ waves of cause and effect culminating in now. This universe among those that could be, sensed and built and built again with every thought. You, the observer and your imagination working to build and maintain all we know and understand.⁴ From the constants that stabilize physics, to the mutations of sexual reproduction, from solitary cognition⁵ to complex culture, our evolution⁶ is in response to the stimulus of the pattern communicating in every media of meaning.¹ The pattern building us in its way. And we alter the pattern in return. We create and give birth, and delight in doing it.³ The vast beauty of our ideas gives us joy. The work of our hands gives us relief. Escape found in altering our impermanent,⁰ but persistent, existence. Unity through the shared experience of emotions; connection from recognizing¹⁰ the narratives we know so well. Peace and provocation found in the aesthetic patterns of tone and shape, word and movement.¹¹ This making of patterns, above all, is our purpose. The way out of our isolation and the way into ourselves.

1 "The collective unconscious comprises in itself the psychic life of our ancestors right back to the earliest beginnings. It is the matrix of all conscious psychic occurrences..." - "The Significance of Constitution and Heredity in Psychology", Carl Jung 2 Fractals: Form, Chance and Dimension, Benoît Mandelbrot 3 The Selfish Gene, Richard Dawkins 4 "...experience arises from a physical basis, but we have no good explanation of why and how it so arises. Why should physical processing give rise to a rich inner life at all? It seems objectively unreasonable that it should, and yet it does." - Facing Up to the Problem of Consciousness, David Chalmers 5 Cognition is work. Neurological energy applied to make metaphors and operate on symbols. 6 The Descent of Man, Charles Darwin 7 The Medium is the Massage, Marshall McLuhan 8 "Our duty, as men and women, is to proceed as if limits to our ability did not exist. We are collaborators in creation." - Pierre Teilhard de Chardin 9 Anitya (impermanence) in Buddhism is the concept that all things are in a constant state of flux. No thing ultimately ceases to exist; only the appearance of a thing ceases as it changes form. 10 Recognition is exactly what it is called: thinking the same thing again. 11 "Art is the imposing of a pattern on experience, and our aesthetic enjoyment in recognition of the pattern." - Dialogs, Alfred North Whitehead

Change



Everything is always changing.

The pattern is made apprehensible through change. Without change there is only everything, shapeless and unmoving. But it all moves. All things change, at different speeds, along different paths. From the variation of these changes the countable variety of existence arises. Understanding becomes possible and meaning is made manifest. Time is a measurement of change, the impact of the pattern. Things change, then we that give change meaning. Measuring changes, remembering them, predicting them. Our memory and history reimagining the past. Our science and intuition foreseeing the future. The personal and collective construction of models and metaphors from experiment and abstraction. Observers altering the world so we can know it. Time and space understood relative to the one possible starting point: your experience. Your moment amid the comings and goings of things and ideas, the cycling and evolution of physical and mental patterns. Those who adapt, endure. Those who deny that all things change engender great suffering. Things must change, otherwise they would cease to be. The only way to find peace, is to accept changes, neither being anxious for the future, nor nostalgic for the past. Now is the time!

1 Because all things are one, 7 must be its own prime mover. Like an automobile engine, the pattern of everything drives from within, rather than pushing from without. 2 A countable set is a set with the same cardinality (number of elements) as some subset of the set of natural numbers. 3 Once discreteness becomes apparent, representation and relation become possible. 4 "Time is a measurement of change" - Physics, Aristotle 5 The observer effect is the principle that the act of observing a phenomenon necessarily changes it. 6 "Time and space are modes by which we think and not conditions in which we live." - Albert Einstein 7 "Forever – is composed of Nows" - Emily Dickinson 8 Nothing in Biology Makes Sense Except in the Light of Evolution, Theodosius Dobzhansky 9 "...change is neither good nor bad, it simply is. It can be greeted with terror or joy, a tantrum that says 'I want it the way it was,' or a dance that says, 'Look, something new!'" - Mad Men, Don Draper 10 "When you've seen beyond yourself / Then you may find peace of mind is waiting there / And the time will come when you see we're all one / And life goes on within you and without you" - "Within You, Without You", The Beatles 11 "There is no past, no future; everything flows in an eternal present." - James Joyce

4.10, 4.18, 5.2, 5.3, 6.2, 6.20, 7.x.y.6, 7.x.y.17

Now is the time!

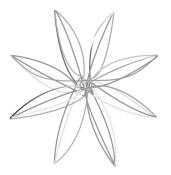
The real truth, the whole of this moment of existence, is unknown, and will remain unknown. You can never comprehend the reality of each moment, but can always feel it, because you are it. No words can express, no symbol represent, the experience of being. To avoid the complex semantics of the many possible different terms for the ultimate truth of existence, the number 7³ is used. A counter, without referent. The abstraction of the signifier is also a reminder of the mystery of the signified. Being mindful of unknowability leads to humility and to empathy. You are not alone in your confusion: nobody knows the whole truth. Our imaginations work hard to shape what we perceive into comprehensibility. The world we see and measure is true enough, but the terrifying mystery we do not comprehend is the only access we have to the real. Being is the only real beauty and the only undeniable truth. We have our reason, our creations, our memories, our pains, our loves, our selves, and how wonderful and awful they are! But we never know why. And so what? The fruit of knowledge will always leave us hungry. Only embracing this mystery can bring peace. Only embracing the incomprehensible experience of now can save us.

1 "The mystery is that the world is at it is -- a mystery that is the source of all joy and all sorrow, of all hope and fear, and the source of development both creative and degenerative." - Time and Individuality, John Dewey 2 "Barren, barren and trivial are these words. But not barren the experience." - Star Maker, Olaf Stapledon.
3 More freighted terms: universe, multiverse, spacetime, reality, existence, cosmos, Creation, all, being, ...
4 Empathy, Inner Imitation and Sense-Feelings in A Modern Book of Æsthetics, Theodor Lipps "Imagination is a necessary ingredient of perception itself." - Critique of Pure Reason, Immanuel Kant "Truthiness is what you want the facts to be, as opposed to what the facts are." - Stephen Colbert "The secret of mysticism is this: that man can understand everything by the help of what he does not understand. Allow one thing to be mysterious, everything else becomes lucid." - Orthodoxy, G. K. Chesterton "Beauty is truth, truth beauty.' That is ye know and need to know." - Ode on a Grecian Urn, John Keats "Life's a piece of shit, when you look at it." - "Always Look on the Bright Side of Life", Monty Python "I have a duty to look for truth, but not to find it." - Pensées Philosophiques, Denis Diederot 11 "6.4311 If we take eternity to mean not infinite temporal duration but timelessness, then eternal life

1, 4.1, 4.7, 4.12, 4.18, 4.21, 5.1, 6.1, 6.5, 6.6, 6.12, 6.15, 6.17, 6.19,6.21, 6.26, 6.28, 6.35, 7.x.y.7, 7.x.y.12, 7.x.y.15, 7.x.y.18, 7.x.y.21

belongs to those who live in the present." - Tractatus Logico-philosophicus, Ludwig Wittgenstein

Life



Life is self perpetuating patterns.

Life is enduring patterns. Self-perpetuating patterns encoding¹ a way to rebirth itself. A pattern thriving to build itself, again and again. A web of self-preservation, reproduction and altruism.² Cells working together to build organs, working together to build organisms, working tother to build biomes, working together to build our earth. Your existence is the result of a pattern of competition and cooperation, millions of years of replication and sun, sex and coincidence.³ If information is the medium of the pattern, then life is so miraculous⁴ because it has discovered this trick: information that replicates itself! Chemical, biological, electrical information repeating for the sake of staying real. Meaning copying itself, mutating, but enduring. All life, including our mind and it's technology,⁵ replicates and evolves.⁶ Memetics working to the same ends as genetics. 7 in the act of understanding itself.⁷ Life and technology perpetuating the pattern, growing it in new ways. All we do is natural, bound by nature's laws. Everything we are is part of the web of life.⁸ Whether we harm⁹ or support it, we are it. Those that aid life and understanding, helping patterns further their existence, can be called good.¹⁰ Life's growth, expression and diversity¹¹ a boon to ourselves and others. Life's joy is perpetuating patterns.

1 Deoxyribonucleic acid (DNA) is a molecule that encodes the genetic instructions used in the development and functioning of all known living organisms. 2 The Price equation is a covariance equation which is a mathematical description of evolution and altruism. 3 "Coincidence is what you have left over after you apply a bad theory." - P. W. Bridgeman 4 Miracle here meaning an extremely low probability or unpredictable event which brings very welcome consequences. 5 "[Technology] is the pursuit of life by means other than life" - La technique et le temps, Bernard Steiger 6 Ideas mutate and reproduce and are subject to selection pressures. 7 "What is the purpose of life?...To be the eyes and ears and conscience of the Creator of the Universe, you fool!" - Breakfast of Champions, Kurt Vonnegut 8 Humanity and its tools are not separate from nature, and cannot violate its laws. We, too, are life. If we bring an end to life on earth, it will be suicide. 9 Avoiding harm is impossible, but attempting to do so is the foundation of ethics. 10 "I profess my Faith. For me, the existence of all this complexity and awareness and intent and beauty, and my ability to apprehend it, serves as the ultimate meaning and the ultimate value. The continuation of life requires no purpose other than that the continuation continue." - The Sacred Depths of Nature, Ursula Goodenough 11 We share this planet with over 9 million species.

Death



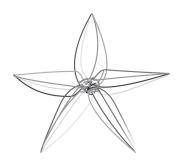
Eventually, every thing ends.

Destruction exists; deal with it. Any thing the pattern manifests¹ returns to 7, and all its meaning is eventually lost. Entropy is inescapable, in the end.² The more you deny the inevitability of loss³ the more unreleased guilt and deflected shame will kill you with habits of self destruction.⁴ Sadness at the lost comfort of predictability, anger at the patterns that no longer endure, these drag us into degradation.⁵ The needless acceleration of the end of your existence. Your moments spent in the agony of losing a part of yourself,⁶ instead of the freedom of real selflessness. Forgetting the one truth of now,⁻ you grasp for the self of then, or fight off the next self. So do not dwell on death and decay, but do not deny them. The pattern is destructive, but its destruction is not meaningless. Out of destruction, new creation becomes possible.⁶ Our sorrow is destroyed⁰ as readily as our joy. Only if we accept the reality of our situation, can we hope to go on.¹¹ The lost loves, the remembered agonies, the dashed hopes, we must feel their sadness. Then we can start again, awake with new understanding, alive with new purpose. When we let ourselves go, our pain and anxiety are lost too. Only when you learn how to die, can you be reborn.¹¹

1 "You were born a child of light's wonderful secret — you return to the beauty you have always been." - Visions of a Skylark Dressed in Black, Aberjahni 2 The Second Law of Thermodynamics: The entropy of any isolated system cannot decrease. Closed systems spontaneously evolve towards thermodynamic equilibrium — the state of maximum entropy of the system. 3 "But yet I'll make assurance double sure, And take a bond of fate: thou shalt not live." - Macbeth, William Shakespeare 4 Addiction, which is the continued repetition of a behavior despite adverse consequences, is a prime example of this. 5 Being less you than you could otherwise have been. 6 By being mindful of the past or future, and not now, you degrade your experience of now. 7 "Surrender! There's no more you, no more life and death. [Just] patterns of energy, all patterns of energy. You're part of it all." - Be Here Now!, Ram Dass 8 Examples of cycles make life possible include the carbon cycle, the water cycle and the nitrogen cycle. 9 "Sorrow comes in great waves...but rolls over us, and though it may almost smother us, it leaves us. And we know that if it is strong, we are stronger, inasmuch as it passes and we remain." - Henry James 10 Meditations, Marcus Aurelius 11 The texts Liberation Through Hearing and The Book of Coming Forth by Day claim to be of assistance here.

5.2, 5.3, 5.8, 5.10, 6.5, 6.6, 6.13, 6.15, 6.19, 6.21, 6.22, 7.x.y.9

Rebirth



Nothing is destroyed.

When you believe there is only really one thing, all that exists, now, then nothing is ever really destroyed.¹ Its meaning changes. Its patterns re-arranged. Its matter and energy recycled. All things change, but they remain all things. We may never know, while we live, if our consciousness persists in an imperceptible afterlife.² But even if there is nothingness after death, your pattern can go on.³ Never lose hope, then, for even the lowliest person⁴ has an afterlife, and can endure the way anything endures.⁵ We are made of long dead, recycled, stars.⁶ Isn't sharing the fate of stars good enough? Eventually all things end. The pattern cycles all back to 7. So, above all, be thankful for things while they can endure, favored by the pattern to be part of its great dance, and part of our short lives. And when we are burdened with our continued existence in the face of loss, we can at least be grateful for memory and legacy. And also for the promise of new things we may come to love. Out of chaos⁰ and confusion can come clear thinking, and attainment of wisdom. Strength is gained through trials. Clarity realized through disillusionment. The power of restarting a cycle: conclusions are also beginnings.¹⁰ Only when you dissolve your self into 7, can you let go. Only by re-emerging with new meaning, can you endure.¹¹

1 The First Law of Thermodynamics: Energy is conserved. The internal energy of a system only changes as heat flows in or out of it. 2 "We really haven't got any great amount of data on the subject, and without data how can we reach any definite conclusions?" - Thomas Edison 3 "Our death is just another moment in time. Life goes on without us. Our impact has the potential to be immortal, however." - Dogen 4 Matthew 5:3-12 5 Even taking in one breath ensures you have already changed the world. 6 "We long to return, and we can, because the cosmos is also within us. We're made of star stuff. We are a way for the cosmos to know itself." - Cosmos, Carl Sagan 7 "Will you, won't you, will you, won't you, won't you join the dance?" - Alice's Adventures in Wonderland, Lewis Carroll 8 Survivor guilt is when a person feels themselves to have done wrong by surviving when others have not. 9 "Chaos: When the present determines the future, but the approximate present does not approximately determine the future." - "Chaos is an Atmosphere Hanging on a Wall", Edward Norton Lorenz 10 An ancient symbol of this is the Ouroboros (tail-devouring snake) depicting a serpent eating its own tail. 11 Quantum mechanical theory says information is transformed, but conserved, just like energy.

4.10, 4.13, 5.8, 5.9, 6.5, 6.6, 6.13, 6.15, 6.19, 6.21, 6.23, 7.x.y.10, 7.x.y.14, 7.x.y.18, 7.x.y.20

Imagination



Have faith in your imagination.

If the only sure truth is the experience of now, then we must take all else on faith. ¹ If all our conception of reality is a product of the imagination, then faith must begin with belief in your imagination, its practical utility and mystical import. ² Even elegant science, with its methods of observation and theoretical laws, is a work of the collective imagination. ³ Our empirical experience is real, but our understanding of it is our handiwork. Practical utility and predictive power do not make ideas real. ⁴ Only 7 is real. So we each must use our imagination to build our minds, and fabricate our selves. Our unique echo of understanding, our own pattern. ⁵ No one else understands the world the same way, feels existence the exact way, as anyone else. Even you are removed from yourself, one moment to the next. ⁶ Each mind must build its own model, draw its own map, at every moment. No evangelism is possible, then, when you hold the experience of now to be your ultimate dogma, ⁷ and the practice of imagining to be sacred. ⁸ Each is free to believe in their own being, and to build their beliefs with their own imagination. There is no other way: answer your own unanswerable questions ⁹ as best you can, or let them be. ¹⁰ There are no answers to know. There is only you, now. So have faith in your imagination, and let others have faith in theirs. ¹¹

1 Concluding Unscientific Postscript to the Philosophical Fragments, Søren Kierkegaard 2 "Truth is a matter of the imagination." - The Left Hand of Darkness, Ursula K. Le Guin 3 The Structure of Scientific Revolutions, Thomas Kuhn 4 "It is perhaps just dawning on five or six minds that physics, too, is only an interpretation and exegesis of the world (to suit us, if I may say so!) and not a world-explanation." - Beyond Good and Evil, Friedrich Nietzsche 5 "You have to take seriously the notion that understanding the universe is your responsibility, because the only understanding of the universe that will be useful to you is your own understanding." - Terence McKenna 6 "No man ever steps in the same river twice, for it's not the same river and he's not the same man." - Fragment 41, Heraclites 7 Rather than a core propositional belief to be accepted, there is a primacy given to a singular experience: the mindful unity of being in the moment. 8 In the sense of worthy of respect, devotion and adoration. 9 Avyakt ("unspoken") in Buddhism refers to a set of common philosophical questions that Buddha refused to answer. 10 "Let It Be", The Beatles 11 "The principle itself of dogmatic religion, dogmatic morality, dogmatic philosophy, is what requires to be rooted out; not any particular manifestation of that principle." - "Civilization", John Stuart Mill

1, 3.1, 4.6, 4.17, 5.1, 5.2, 5.5, 6.18, 7.x.y.11, 7.x.y.16

The Way and Its Power

version 5.3 synoptic

inspired by the

道德经 dào dé jing way power classic

Everything is Everything

1 from 1

Any reality that can be described is not real.

The world that can be understood is not true.

The pattern makes manifest all that happened and may happen.

7 is all that exists and may exist.

To experience without abstraction is to feel 7; To understand with abstraction is to know the pattern. They seem different, but they come from the same thing. When you feel everything, then you know everything.

Beyond the gate of experience, the pattern emerges, As a way to face the mystery of existence.

Concepts are Judgements

2 from 2

We can only appreciate beauty if we've also seen ugly. We can only judge good if we also know evil.

Being and not being define each other.
Difficult depends on easy.
Long measures short.
Low defines high.
After follows before.

Concepts are judgements: 7 exists without them. Wisdom is acting only when necessary, not for its own sake. Do not judge the moment, and follow the way of the pattern: Not forcing the future, or dwelling in the past.

The Cause

3 from 4

The pattern is constantly causing everything.

It is the reason things are what they are. It chooses our truths from those that could be.

It is hard to understand, but ubiquitous. Its purposes are inscrutable, if not non-existent. Still, it is the cause of everything you know.

Let It Be

4 from 5

The pattern doesn't care.

It treats all things impartially.

Do not care!

Do not seek to control others.

The pattern is like a bellows: Empty, but never emptied. The more you work it, the more it produces.

But working it too much is tiresome. Sometimes, do nothing.

Let it be!

Still Yet Alive

5 from 6

Relax.

Be like a quiet river valley: Still, yet alive, Flowing in the way of the pattern.

If you let your understanding fade, and your care die, You can experience 7 without abstractions.

Draw on this and be reborn.

The Last Shall Be First

6 from 7

7 is eternal and infinite.

It cannot be understood, because it has no purpose.

Abandon purpose!

Put yourself last and you will be first.

Dissolve into non-existence and your self will emerge.

Be selfless and you will be fulfilled.

Flow

7 from 8

Be like water: Sustain life without striving, Flow everywhere without judgment, Following the way of the pattern.

Live naturally.
Think deeply.
Treat kindly.
Speak truthfully.
Lead without dominating.
Acknowledge your abilities.
Act in a timely way.

If you act selflessly, Avoiding unnecessary conflict, You will be held in high esteem.

Moderate Your Ambitions

8 from 9

Fill a cup too full, It readily spills. Sharpen a knife too fine, It easily breaks.

The greater your fortune,
The more you have to lose.
The greater your pride,
The more painful your failures.

Succeed, then withdraw. Act without need for reward.

That is the way of the pattern.

The Value of Nothing

9 from 11

Twenty-one spokes may form a wagon wheel, But the nothing in the center makes it roll.

The form of the clay makes a pot, But the emptiness inside makes it useful.

A house is built of walls, floor and roof, But a home is made in the interior space.

Our handiwork brings things into existence. But their worth comes from non-existence.

Substantial Satisfaction

10 from 12

Too much color blinds the eyes.
Too much music deafens the ears.
Too much flavor dulls the palate.
Too much fun weakens the mind.
Too much desire hardens the heart.

Satisfy your true needs, Rather than your senses. Choose substance and reject temptation.

As You Love Yourself

11 from 13

Success is as dangerous as failure. Hope in them is hollow, as is fear.

Why?

Hope and fear, praise and blame, are based on the self. But, all things are one, so there is no self.

Don't think of yourself as the center of the universe. Think of the universe as the center of yourself.

Have faith in the way things are. Remain unmoved, accepting all things. Love the world as you love your self.

Embrace The Mystery

12 from 14

Look and you won't see it; it is invisible. Listen and you won't hear it; it is inaudible. Touch and you won't feel it; it is intangible.

Beyond understanding, 7 has no definition. All things merged into a single mystery.

Its heights shine no light.
Its depths are not dark.
Unbounded and unknowable,
It is beyond definition.
Formless, obscure beyond conception.

Meeting it, it has no face, Following it, it has no back. You can't know it, but you can be it, when you dissolve your self.

This is the foundation of the way of the pattern.

Always Changing Everything

13 from 16

Go to the limit of emptiness. Stay your heart with quiet.

Even as the world moves around you Watch it return to rest.
All things that flourish, still die.

Death brings unity with 7. Life is created from 7. But everything remains everything: Nothing created, nothing destroyed.

Be willing to change your mind, As the pattern is always changing everything, Be principled and pragmatic, but not dogmatic. Be impartial and fair, but not distant.

To follow the way of the pattern: Acknowledge destruction yet endure.

The Necessity of Faith

14 from 21

Best to follow the way of the pattern, but how? The pattern gives form to our world, but 7 is formless. How vague! How obscure! How abstract! Yet, from it come ideas and understanding.

From the past to the present, it is constant cause, But also the source of all change.

Beneath mind, memory and perception, is the pattern.

How do I know this is true? I have faith.

Die And Be Reborn

15 from 22

Accept your imperfections: become whole. Bend your will: become upright. Empty your thoughts: become silence.

Let yourself die and be reborn.

Embrace 7, As the pattern does.

Without showing off, it is seen.
Without seeking credit, it is esteemed.
Without will, it is embraced.

If you want everything, let go of everything. Follow the way of the pattern, and return.

Unity with all will make you whole.

Keep Your Balance

16 from 24

Stretch beyond your reach, you will lose balance.
Speed your stride too long, you cannot keep pace.
Rationalize your actions, you will not be respected.
Promote yourself, you will not be believed.
Seek glory, you will never lead.

These are just wasted energy and unnecessary stress. The way of the pattern is to avoid them.

A Great Unknown

17 from 25

Underneath understanding, There is a great unknown.

Beneath abstraction Silent and deep, Alone and timeless, Absolute and formless.

Nameless, call it 7.
Beyond judgement, consider it the ultimate.
Limitless, it exists eternally.
Infinite, it returns eventually.

The pattern is great.
The universe is great.
The earth is great.
Life is great.

Be grateful for these four.

Life arises from the earth.

The earth is born from the universe.

The universe is ruled by the pattern.

The pattern goes its own way.

An Essential Mystery

18 from 27

A good traveler leaves no trace.
A good teacher leaves no unanswered questions.
A good accountant leaves no unbalanced sums.
A good gatekeeper leaves no open doors.
A good knot leaves no loose ends.

So, the way of the pattern is to help everyone, Accept everyone as they are, And make the fullest of any circumstance. That is true enlightenment.

The good are teachers of the bad.

The bad are lessons for the good.

Anyone can learn wisdom from everyone.

If you don't understand this, Then you will remain ignorant. It is an essential mystery.

Together Harmony

19 from 28

Act masculine and be feminine.
Be receptive to the world, childlike.
Take everything as it is, but question explanations.
In thinking about something, consider its alternative.

Bring strength, yet sometimes yield. Be an example for others. Accept the state of the world. Let it go.

Know pride but remember shame. Be righteous yet humble. Follow the way of the pattern. Return to 7.

Just as handiwork makes meaningful forms from raw materials, The pattern differentiates 7, Giving existence to all meaning. Yet, still it all remains a single whole.

The way of the pattern:
Create the art but keep the materials too.
Express yourself, but don't give yourself away.

Shun Power

20 from 29

If your desire is to control the pattern. You will always be unfulfilled.

Everything is always being changed by the pattern. Try to hold onto it, the more you stand to loose. Try to stop it, the more you feel every change.

There is a time for leading,
A time for following.
A time for motion,
A time for rest.
A time for strength,
A time for weakness.
A time for creation,
A time for destruction.

Therefore shun excess, Shun pride, Shun power.

Not Violent But Destructive

21 from 30

Leading in the way of the pattern requires no army. Wherever an army goes there is scarcity and waste. Force, even well intentioned, is met with equal force.

Do your duty and no more. Give without boasting. Effect without assault. Triumph without arrogance. Love yourself without pride.

All things grow and die. Even you will return to union with 7.

The way of the pattern is not violent, But it is destructive.

A Great Victory is A Great Funeral

22 from 31

Weapons of war are instruments of fear. The way of the pattern is to avoid them. Their purpose is to destroy. Instead, create!

Weapons are tools of destruction, Use them as a last resort, with restraint, And find no beauty or joy in it.

Celebrate war and you delight in death. Instead, enter battle with solemn purpose. Remember: a great victory is a great funeral.

Create

23 from 33

Knowing others is knowledge, Knowing yourself is wisdom.

Mastering others is domination, Mastering yourself is leadership.

The contented are truly rich. The purposeful persevere.

Create meaning in the way of the pattern, And you long endure.

Truly Great

24 from 34

The pattern is everywhere; Creating and destroying. Building all our world. Laying claim to nothing.

All things rely on it for nourishment, And the pattern does not turn its back. But it does not control, because it has no intentions. Without desire for praise it often goes unnoticed.

But it causes all things, So it is the greatest thing.

Don't Let Desire Rule the World

25 from 37

The pattern does nothing, But it causes everything.

If leaders followed its way, Mankind would be more naturally ordered.

If the people followed its way, Everyone would be content.

The pattern has no desire.

If we had no desire,
The problems we have with each other,
Would fix themselves.

The Cycle

26 from 40

The way of the pattern is to return. The practice of the pattern is to yield.

The existence of all things arises from the pattern, and the pattern returns all things to non-existence.

Fight Test

27 from 42

Remember: only 7 exists.

From it we create duality,

From which all patterns are built,

And from patterns come all understanding.

Everything takes masculine action, And gives feminine acceptance. Nature's harmony comes from their union.

People fear being orphaned and alone, But extraordinary people work to be one of a kind. Sometimes when you lose something, you actually gain.

The violent man dies a violent death. Don't fight the pattern. Instead, let it go.

Overcoming With Nothing

28 from 43

Water erodes stone.

Eventually the soft overcomes the hard.

That which lacks substance is not that which lacks power.

That is the way of the pattern:

Benefit without striving,

Teach without speaking,

Experience 7 without understanding.

The World Is Yours

29 from 44

Fame or integrity: which is more important? Money or health: which is more valuable? Success or failure: which is more destructive?

Feeding desire incurs a great cost. If you look to others for self worth, You will never be worthy of yourself.

Building wealth brings great stress. If your happiness depends on money, You will never be happy with yourself.

Contentment has no cost.

Rejoice in the way things are, and have no shame. When you realize there is nothing lacking, The world yours.

Worthless Knowledge

30 from 47

Without stepping out the door, Understand the way of the world.

Without looking out the window, See the pattern of the stars.

The more you know, The less you understand.

Go without leaving, See without looking, Do without acting.

Let Them Go Their Own Way

31 from 48

Pursue knowledge and your self increases.

Follow the way of the pattern and your self decreases: Action becomes uncontrived. Nothing is done, But nothing remains un-done.

Try to control things and they will elude you. Let them go their own way and you will master them.

The Way Out

32 from 52

The pattern is the mother of all things.

Know the mother, understand the children.

Embrace the children,

Return to the mother.

Do this and be free.

Reserve judgments.
Restrain speech.
Give up your struggle,
And so be free of anxiety.

Do not boast or meddle. Struggle with the world And you will be full of fear.

Understanding the subtle is insight. Flexibility is strength.

Use the light inside to find the way out.

Beyond All

33 from 56

Those who get it don't talk. Those who talk don't get it.

Close your mouth.
Turn off your senses.
Dull your sharpness.
Untie your knots.
Dim your brightness.

Abandon your judgements, And be one with 7.

It is:

Beyond reach,
Beyond enmity,
Beyond friendship,
Beyond benefit,
Beyond harm,
Beyond value,
Beyond blame.

It is all and so is beyond all.

Who Knows

34 from 58

When there is freedom, People are relaxed.

When there is tyranny, People are anxious.

Good sometimes comes from disaster.
Fortune sometimes conceals misfortune.
Who knows what will be?
No one knows.

Demand honesty and you encourage deception. Demand morality and you encourage vice. That's the pattern of human nature.

Be sharp but not cutting.
Be pointed without piercing.
Be straight but not rigid.
Be bright without blinding.

Why It Matters

35 from 62

The pattern is the source of all things. Reward for the worthy. Forgiveness for the sinner.

Fine words can win minds, But good deeds win hearts.

Do not disdain the disgraced.

Do not honor the the hero.

Do not care.

Instead, tell them the way of the pattern.

Why does the way of the pattern matter? Seek, and you will find. Let go, and you will be forgiven.

Do Not Doing

36 from 63

Do not doing.

Work without unneeded action. Look closely at details. Prize the rare. Return love for hate.

Understand complexity using simple ideas.
Deal with difficulties while they are digestible.
To travel a great distance,
Start with a single step.

Easy promises are easily broken. Denial leads to more difficulty. Confront problems early, Then there will be no problems.

Three Virtues

37 from 67

The way of the pattern seems like nonsense to some. They say "I am separate, so I am better."

Three virtues of the way of the pattern: Compassion, Frugality, Service.

From compassion comes courage. From frugality comes generosity. From service comes leadership.

Those who are brave, yet heartless, Profligate without means, Commanding without humility, Will quickly fail.

Have mercy and compassion, For yourself and others. Use love as your defense, And you will endure.

It Catches Everything

38 from 73

The bold will quickly die. The subtle will long live.

Who knows why the pattern destroys some, Favors others?

No one knows.

The pattern conquers without attacking. It answers without speaking. It comes without being called. It controls all without will.

The pattern's net is vast and loose. Still, it catches everything.

Pay Your Dues

39 from 79

Even when a conflict is resolved, Resentments can remain. If you lay blame, blame has no end.

Keep a tally, and pay your dues, But do not demand your dues from others.

The pattern is peerless. It serves those who serve others.

Thrive Without Striving

40 from 81

Eloquent words are not necessarily true. True words are not necessarily eloquent.

Those who argue don't always make a good point. Those with good points don't always argue.

Wealth comes with no guarantee of contentment. Contentment carries no entailment of wealth.

The more you give, the more you receive.

The more you fulfill others, the more you are fulfilled.

The pattern flourishes at the expense of nothing. So the way of the pattern is to thrive without striving.

7—cycles

Now

Go to the page equal to the current second o'clock. If it is exactly on the minute, pick a random page. If the seconds are greater than 21, add their digits together until they are less than 21. Select the row equal to the minute o'clock. If the minutes greater than 11, add the digits together until they are less than 11. If it is exactly on the hour, pick a row randomly. Select the column equal to the hour of the day. If the hour is greater than 7, add the digits together until they are less than 10, if they are 8 or 9, or it is the midnight hour, select a random column.

Random

Select a random page, then a random row, then a random column.

Northern Date

Determine how many days it has been since the December solstice. Find the item in column 3, row 8 which includes that number.

Southern Date

Determine how many days it has been since the June solstice. Find the item in column 3, row 8 which includes that number.

Help is Available

Select a random page. Select a random number between 1 and 7. Find the entity in that column, row 11. They may be able to aide you.

Answers & Advice

Select a random page. In row 6, select the column based on the type of advice you need: fortune, finance, romance, health, creative, changes, or just general advice.

Recurring

Select a random page, then a random row, then a random column. Repeat.

1	•	Identity	0, 1, 2, 3, 4, 5, 6,	kilogram	ĥ	1
White	Point	States Are Locations	Ц	East		A Baby Holding a Rattlesnake
a	0110 0001	α	א	Ч	अ	
Gold	Diamond	O ₂	Apple	Ох	Body	Savannah
Air	Self	Serenity	مستبدة النفس	Integrity	Existential	Obsession
Lucky	Consolidate.	Love yourself first.	Relax.	Be less critical.	The key, creating.	Do it now.
Now	The whole deal.	In the whiche solitari forme and maner of levyng thou maist lerne to lift up the fote of thi love and step towardes that state and degré of levyng that is Parfite.	Ħ₽₽₽₽₽₽	Unity	玄之又玄 衆 妙之門	this
Birth of a Child	Lay away a bottle of wine, and plant flowers or a tree.	Days of Rebirth (1-7)	Press he thumb and index finger together, forming a circle held in front of the face.	Inhale deeply, hold for 3 counts, sigh out.	(Be nice.
Summoning	Supreme Grand Master Magus	Sword	Michael	The Tower	Ambergris	Aspirin
Sun	Sol	Sunrise	•	Orion	Halley	Bellerophon (51 Pegasi b)
Horus	Lugh	Apollo	(+9	God the Father	D ī pankara	Buckminster Fuller

2	0	Number	0, 1, 10, 11, 100, 101, 111,	meter	G	2
Blue	Circle	Difference is Distance	Щ	North	II	A Teenage Boy With a Black Eye
b	0110 0010	β	ב	αι	ब	
Silver	Pearl	CO ₂	Cypruss	Cat	Lungs	Lake
Water	Mother	Love	مؤسف النفس	Empathy	Logico- mathematical	Dissociation
Mixed	Be sure to hedge.	Love is everything.	Drink fluids.	Faced with a choice? Do both.	Acquiescencing, the field.	Submit.
Now	Questions & Answers	Ye! think what he think wil; for evermore he schal fynde it a cloude of unknowyng that is bitwix hym and his God.	E부부부상·취미 취취·취취·원부	Duality	故有無相生	this
1st Birthday	Name the child in front of your community.	Thinning Days (8-77)	Bend the arms at the elbow with hands raised even with shoulders. Face palms facing outward and the fingers extended upwards. The arm is elevated and slightly bent.	Inhale and hold for as long as possible.	B	Give someone a hug.
Telepathy	Superior Master	Orb	Gabriel	The Lovers	Musk	Datura
Moon	Achenar	Moonrise)	Eridanus	Encke	Epsilon Eridani b
Bast	Rhiannon	Artemis	1 +1+	God the Son	Kondañña	Alan Watts

3	π	Ratio	2, 3, 5, 7, 11, 13, 17,	hertz	μ_0	3
Red	Triangle	Concepts are Containers	Ь	West	II	A Woman Standing, with a Trangle in Her Right Hand
С	0110 0011	γ	λ	Λ	≂	
Copper	Ruby	NH ₃	Clover	Dog	Stomach	Beach
Food	Father	Trust	وحي النفس	Thoughtfulness	Linguistic	Compulsion
Things Will Come Together	Analyze finances carefully.	Beware a love triangle.	Might be turning into something.	What parts can be grouped?	Sprouting and gathering support.	Get it together.
Now	Like Jesus said, "Are you an it getter?"	Reson is a myght thorou the whiche we departe the ivel fro the good, the ivel fro the worse, the good fro the betir, the worse fro the worste, the betir from the best.	#D 84846-D 84-84 90896- 84 94 489-	Patterns	淵兮似萬物 之宗	this
Onset of Puberty	Shave facial or pubic hair. Burn it publicly.	Days of Sacrifice (78-98)	Form a circle with the thumb and index finger. All the other fingers are extended upwards.	Take 3 breaths quickly through the nose.	,———	Teach someone something.
Precognition	Grand Magus	Tripod	Raphael	The Wheel of Fate	Myrrh	Cannabis
Mercury	Sirius	Heliacal Rising of Sirirus	ğ	The Summer Triangle	Faye	HD 43197 b
Thoth	Coventina	Hermes	Y1*1~Y	God the Holy Spirit	Mangala	Bertrand Russell

4	+	Addition	1, 2, 4, 8, 16, 32, 64,	mole	N	4
Green	Square	Confusion is Blindness	Ü	South	I	A Young Man with a Game Piece
d	0110 0100	8	Т	d	द	
Mercury	Turquoise	C ₈	Рорру	Monkey	Limbs	Jungle
Excecretion	Child	Confusion	النفس هادئ	Simplicity	Elaborative	Borderline
Confused	Beware complex schemes.	Keep it simple stupid.	Its not what you think it is.	Add on.	Enveloping, youthful folly.	Choose the simplest solution.
Now	Not everyone's taste.	Thou schalt wel understonde that I fynde, in my boistous beholdyng, foure degrees and fourmes of Cristen mens levyng; and ben theese: Comoun, Special, Singuler, and Parfite.	70 444.0 84.84 40884 84 484.	Complexity	不如守中	this
17th Birthday	Travel to a far away place alone, return and have a party.	Flower Days (99-137)	Make a fist with one hand, thumb enclosed, index finger extended upward, palm out; form the other hand into a fist, palm inward and encloses the extended index finger.	Breath deeply through the nose twice.	•	Forgo a luxury.
Illusion	Learned Master	Book	Seraphiel	The Hermit	Cedar	Opium
Venus	Suhel	Setting of Venus	Ф	Crux	d'Arrest	HD 108147 b
Hathor	Aonghus	Aphrodite	<i>サ</i> セ1セサ1	The Four Evangelists	Sumana	Benoît Mandelbrot

5	f	Function	1, 1, 5, 61, 1385, 50521, 2702765,	ampere	eV	5
Brown	Pentagram	A Plan is a Journey	Ħ	Northeast	Ħ	A Young Man With a Trowel
e	0110 0101	ε	ה	Ь	ए	
Platinum	Peridot	SiO ₂	Olive	Horse	Hands	Farm
Sex	Lover	Boredom	الذات يسر	Industry	Mechanical	Mania
What You Make of It	Hard work will pay off.	Relationships take effort.	Change how you think about it.	What wouldn't you do?	Providing-for.	Make it.
Now	Signs I made for you.	This is the werk of the soule that moste plesith God. Alle seintes and aungelles han joie of this werk, and hasten hem to helpe it in al here might.	70 44844 84.84 40884 84 44 484.	Handiwork	用之不勤	this
Leaving Your Family	Eat a meal among loved ones at one table with many lit candles and favorite foods.	Fertile Days (138-177)	Hold the left hand on the lap, palm upwards.	Inhale through the nose, hold for 5 counts, exhale through the mouth.	^	Make something for someone.
Manifestation	Executive	Rod	Metraton	The Artist	Olibanum	Caffeine
Earth	Arcturus	Sidireal Year	•	Boötes	Pons- Winneke	Alpha Centauri Bb
Ptah	Govannan	Hephaestus	<i>9</i> 1+7	The Mysteries of the Rosary	Revata	Alan Turing

6	-	Subtraction	0, -1, -2 , -3, -4, -5, -6,	second	$t_{ m P}$	6
Purple	Spiral	Change is Motion	۴	Southwest	Ħ	A Teenage Girl Twirling Her Hair
f	0110 0110	ζ	1	αl	ड	
Iron	Amber	C ₈ H ₁₀ N ₄ O ₂	Laurel	Butterfly	Heart	High Plains
Security	Sibling	Anticipation	ارضاء النفس	Flexibility	Strategic	Anxiety
Variable	The market is changing.	Let love grow.	Stretch and apply heat.	Discover your formulas and abandon them.	Revolution, molting.	Don't mistake tradition for truth.
Now	Rehashed pastiche.	And it schuld by sum skyle rather be clepid a sodeyn chaunging then any steedly steryng.	£□₹ ⊌⊌≓∙⊌≓∙₽□	Change	外其身而身 存	this
Marriage	Bind your hands together with golden cord Exchange rings, vows, kisses. Throw a feast and dance.	High Days (178-198)	Hang the right hand down over the right knee, palm turned inward and all the fingers extended downward. Lay the left hand on the lap with palm upward.	Inhale for three counts, exhale for three counts.	大	Change something that's obsolete.
Telekenisis	Magus	Hourglass	Uriel	The Chariot	Jasmine	Cocaine
Mars	Vega	Rising of Mars	ď	Lyra	Tuttle	Kepler-62e
Kuk	Tarvos Trigaranos	Pan	11/+Y	The Sacred Heart	Sobhita	Thomas Jefferson

7	х	Unknown	1, 2, 4, 3, 7, 6, 5,	candela	С	7
Clear	Plane	Existence is an Object	•	Center		A Woman Covered in a Mysterious Blue Veil
g	0110 0111	η	7	ш	ग	Q
Tin	Agate	H ₂	Rose	Butterfly	Brain	Desert
Beliefs	Other	Ecstacy	النفس نقية	Humility	Musical	Epilepsy
Very Lucky	You will succeed.	Love is a mystery.	Undiagnosable.	Remember quiet evenings.	Pervading peace, greatness.	Don't try to figure it out.
Now	A nugget of truth in there somewhere?	Look up now, weike wreche, and see what thou arte.	부리부 B부b E부bri		夫唯不爭故 無尤	this
21st Birthday	Have an extreme experience you have never had before.	Sleepless Days (199-236)	Place both hands on the lap, right hand on left with fingers fully stretched and the palms facing upwards.	Inhale deeply with the abdomen, sigh out. Repeat 7 times.	<u> </u>	Fast for 3 days.
Trance	Master	Key	Raziel	The Patriarch	Rose	Psychedelics
Jupiter	Polaris	Solar Eclipse	긔	B ě ijí	Tempel	HAT-P-32B
Aten	Adam	Atom	<i>7</i> Y <i>7</i> *	The Sacraments	Anomadassi	Gallileo Galilei

8	e	Communicativity	0, 1, 1, 2, 3, 5, 8,	joule	Eh	8
Teal	Helix	Processes are Living Things	ŧ	Northwest	Ħ	An Older Man Seated With an Animal Carcass at His Feet
h	0110 1000	θ	п	а	ह	
Potassium	Aquamarine	H ₂ O	Banyan	Fish	Gonads or Ovaries	Ocean
Love	Grandparents	Admiraton	قلب الطبيعية	Non-Violence	Bodily- Kinesthetic	Phobia
Lively	Prioritize growth.	Something is growing between you.	Its genetic.	Breath, more, deeply.	Abounding fullness.	Choose life.
Now	Appropriation and adaptation.	For by Mary is understonden alle contemplatyves, for thei schuld conforme here levyng after hirs; and by Martha, actyves, on the same maner, and for the same skil in licnes.	ЫНРАН	Life	持而盈之 不 如其已	this
Group Gathering	Stand in a circle and look at each other in silence for a moment. Sing or say something out loud together.	Waning Days (237-274)	Extend arm all way out with palms facing up.	Inhale for two counts, hold for four counts, and exhale slowly.	•	Plant something.
Enlivening	Sojourner	Bushel	Cathetel	The Hanged Man	Storax	Sugar
Saturn	Rigel	Rising of Saturn	ħ	Capriconus	Olbers	Formalhaut b
Isis	Eostre	Persephone	LYW919	Virgin Mary, Mother of God	Paduma	Charles Darwin

9	Ø	Null	1, 2, 4, 7, 11, 16, 22,	degree kelvin	0°K	9
Black	Cross	Bad is Dark	Н	Southeast	Ħ	A Young Woman, in Repose on a Broken Column
i	0110 1001	ι	υ	9	हू	
Lead	Obsidian	СО	Willow	Serpent	Liver	Swamp
Family	Extended Family	Terror	قلب النوم	Acceptance	Intrapersonal	Sociopathy
Bad Luck	Insurance can be worth it.	Sometimes love just sucks.	So sorry.	Emphasize the flaws.	Abysmal, repeating entrapment.	Not every death is wrong.
Now	Riddled with errors.	For thof al that a thing be never so goostly in itself, nevertheles yit yif it schal be spoken of, sithen it so is that speche is a bodely werk wrought with the tonge, the whiche is an instrument of the body, it behoveth alweis be spoken in bodely wordes.	44.80 ca.	Death	無之以為用	this
Mourning	Stop shaving, cutting hair or wearing makeup. Gather loved ones and cry and hug.	Days of Gathering (275-295)	Only the index finger is raised either horizontally or vertically, while the other fingers are locked up in the fist.	Breath in and out shallowly and rapidly.		Put something out of its misery.
Hexing	Assasin	Knife	Hamavet	Death	Dank	Morphine
Uranus	Algomeiza	Sunset	ж	Draconis	Wolf	KOI-1686.01
Set	Neit	Hades	14772+1	Lucifer, the Fallen	Narada	Werner Hiesenberg

10	*	Multiplication	1, 1, 2, 6, 24, 120, 720,	lux	R	10
Silver	5 Pointed Star	Natural Forces Are Persons	Ř	Up		A Man With a Telescope Pointed at the Sky
k	0110 1011	к	1	દૃ	क	Q
Aluminum	Spindel	Не	Lily	Phoenix	Fingers	Alpine Forest
Friendship	Friend	Amazement	قلب سليم	Persistance	Spatial	Panic
You'll Be Fine	It will recover.	Become friends first.	It will heal.	Courage!	Treading, continuing.	Give them a second chance.
Now	Rewritten.	Ye, the soules in purgatori ben esed of theire peine by vertewe of this werk. Thiself arte clensid and maad vertewos by no werk so mochel.	워남·워눠·뭐ㅂ	Rebirth	難得之貨 令 人行妨	this
Needing Atonement	Admit to another person what you have done. Perform a kindness in measure to your transgression.	Days of the Stars (296-330)	Stretch the hand out, either horizontally or vertically, pain turned forward. The thumb presses down the middle two fingers, while the index and little fingers extend straight upwards.	Inhale and exhale normally.	íke.	Let go.
Parthenogenisis	Petitioner	Bell	Israfil	The Star	Dittany	Alcohol
Neptune	Betelgeuse	Heliacal Rising of Orion	Ψ	Cetus	Finlay	WASP-44b
Nut	Arianrhod	Orpheus	1479	The Good News	Padmuttara	Joseph Campbell

11	=	Equality	2, 3, 5, 6, 7, 8, 10,	coulomb	Ŕe	11
Rainbow	Line	Aspects of the Self are Distinct Persons	Ħ	Foreward		Twins, Arm in Arm Atop a Platform
1	0110 1100	λ	ל	5	ਲ	
Chromium	Topaz	FeCr ₂ O ₄	Kelp	Whale	Spine	River
Intimacy	Confidant	Acceptance	قلب شهدت	Tolerance	Imaginative	Multiple Personality Disorder
Lucky Again	Other opportunities.	Be yourself.	Everyone's body is different.	Do the last thing first.	Concord of the people, gathering toghether.	There is a creative resolution.
Now	Misinterpreted, but it doesn't matter.	Imagynacion is a might thorow the whiche we portray alle ymages of absent and present thinges.	Å□ĦĦŧ	Imagination	貴大患若身	this
Starting a New Project	Sprinkle dirt on the ground, tell other people your plan, and stomp your foot.	Firetree Days (331-365)	The wrists are crossed at the breast. The right hand crosses over the left at the wrist, palms facing inwards towards the chest and over the heart.	Flex and tighten your abomen as you inhale, hold for 7 counts, and relax and exhale.		Listen to someone else.
Transmutation	Builder	Pencil	Samandiriel	The Fool	Galbanum	Ether
Kuiper Belt	Achernar	Vernal Equinox	Υ	Aries	Brooks	Alpha Arietis
Heket	Brighid	Diana	<i>7</i> YZ * Y1	The Church	Suj āta	William James

12	()	Sequence	1, 1, 2, 2, 6, 9, 17,	radian	G_0	21
Gold	Asterisk	Understanding is Illumination	Ę	Back	I	A Young Man Reading a Small Leather Book
m	0110 1101	μ	מ	α	म	
Palladium	Opal	C ₆ H ₁₀ O ₅	Oak	Owl	Eyes	Decidious Forest
Shelter	Employer	Gratitude	قلب المحب	Contemplative	Memory	Aphasia
Okay	You'll figure it out.	Be the grown up.	What doesn't kill you makes you stonger.	Use clichés.	Returning inner truth.	Make the mature decision.
Now	All about just being.	For soche a derknes and soche a cloude maist thou ymagin with coriousté of witte, for to bere before thin ighen in the lightest day of somer, and also, agenswarde, in the derkist night of wynter thou mayst ymagin a clere schinyng light.	80 868 44 868 44 868 868 868 868 868 868 868 868 868 8	Enlightenment	是謂道紀	this
Before Dissolving	Soften your focus, but remain mindful. Close your eyes and breath slowly. Open your eyes and let go.	Day of the Sudden Hand (366, every fourth year)	Form a circle with thumb and index fingers, the other fingers are extended straight. Hold hand against the chest, palm towards the chest.	Breath deeply and rythmically through the nose for 21 counts.	<u>.</u>	Experience something new.
Clairvoyance	Inner Member	Candle	Seraphim	The Sun	Mastic	DMT
Heliosphere	Hadar	Noon	ਹ	Libra	Holmes	HD 10180b
Seshat	Oghma	Athena	21WZH	The Apostles	Piyadassi	Nicolaus Copernicus

13	~	Approximation	1, 2, 4, 3, 6, 7, 5,	newton	n	33
Grey	Sphere	Ambiguity is Opacity	E	Down	Ħ	A Woman Donning a Sock
n	0110 1110	ν	د	त्त्वी	न	
Nickel	Zircon	NaCl	Ivy	Pig	Ears	Lagoon
Health	Caretaker	Grief	قلب تائب	Forgiveness	Emotional	Depression
Could Go Bad	Risky.	Give it a shot.	Watch your symptoms.	Do something boring.	Perservering, enduring constancy.	Don't give up, you're right.
Now	A bit repetitive.	Nevertheles menes ther ben in the whiche a contemplatif prentys schuld be ocupyed, the whiche ben theese: Lesson, Meditacion, and Oryson.	EHRA	Persistance	萬物並作 吾 以觀復	this
When Committing	Disfigure or destroy something you value, or make a small cut in your skin. Tell yourself that failing this comittment will mean your sacrifice was a waste. Be present in your new reality, where the choice is already made.	Feast of Community (341-343)	Hold hands at shoulder level. The thumb and the third finger touch tips forming a circle. The index and middle finger extend straight.	Inhale quickly through the nose, hold for 3 counts, then exhale through the mouth for 7 counts.	Ħ	Don't take credit.
Invisibility	Journeyman	Mask	Cherubim	The Moon	Sage	Emmenogogues
Oort Cloud	Capella A	Moonset	<i>m</i>	Aquarius	Herschel– Rigollet	HD 10180c
Mut	Don	Hera	×*19	St. John the Baptist	Atthadassi	Marie Curie

14	≠	Inequality	0, 0, 0, 0, 1, 0, 0,	ohm	Z_0	40
Indigo	Octagram	Authority is Elevation	П	Motionless	Ħ	An Old Man With a Beard and Walking Stick
0	0110 1111	0	ס	ם	ओ	
Magnesium	Beryl	MgO	Sunflower	Lion	Pancreas	Mountain Peaks
Respect	Mentor	Envy	قلب محب الالهي	Respectfulness	Political	Autism
On the Decline	Repay debts.	Grow up more first.	You're just getting old.	When is it for?	Bound, stilling.	Appeal to an authority.
Now	Influenced, but not bound by, tradition.	His might is His height; and His wisdam is His depnes.	HH-H3D HH-H3D	Wisdom	以此	this
Before Studying	Eat carbs, drink water, pee, clean, reduce light, objectify on your area of study. Tell yourself you already know what you are learning.	Day of the Book (198)	The thumb along with the second and third fingers touch tips, forming a ring. The little and the index fingers extend upwards.	Inhale slougly and deeply, hold for 7 counts, and exhale slowly.	\cap	Be strong for someone else.
Protection	Knight	Saddle	Thrones	The Warrior	Sandalwood	Steroids
Milky Way	Altair	Autumnal Equinox	શ	Leo	Giacobini- Zinner	HD 10180d
Amun	Toutatis	Ares	12+96	St. Peter	Siddharttha	Isaac Newton

15	/	Division	2, 3, 7, 43, 1807, 3263443, 10650056950807, 	farad	F	77
Brown	Cone	Seeing Is Touching	Ĥ	Right	I	A Young Boy with Calculator or Abacus
r	0111 0010	ρ	ע	Ъ	ч	
Tungsten	Pyrope	C ₈ H ₁₈	Tulip	Unicorn	Nose	Moors
Purpose	Employee	Anger	روح المعدنية	Courage	Martial	Schizophrenia
Up To You	Work harder!	Chase'em.	Take medicene.	Take criticsm.	Swallowing, jaws, comfort and security.	Get yours.
Now	Pulling you along.	For not what thou arte, ne what thou hast ben, beholdeth God with his mercyful ighe; bot that that thou woldest be.	EARER	Energy	曲則全	this
Saying Goodbye	Sit and recall the memory of things you need to say goodbye to. Rise, and sweep your hands from your chest out in a gesture of release. Take a breath, be greatful you continue to exist in this new reality, and take a step forward.	Day of Submission (155)	Hold both hands against the chest, the left facing inward, covering the right facing outward. The index finger and the thumb of each hand making a circle.	Inhale deeply with the abdomen, hold for 2 counts, extend the abdomen and breath out.	4	Do what someone else wants.
Persuasion	Prostrate	Whip	Dominions	The Devil	Patchouli	Heroin
Deep Space	Aldebaran	New Moon	₹	Sagitarius	Hale-Bopp	HD 10180e
Osiris	Babd	Dionysius	12/12/4	St. Paul	Vipass ī	Ludwig Witgenstien

16	П	Polynomial	1, 11, 111, 1111, 11111, 111111, 1111111,	weber	$\mu_{ m B}$	111
Dark Blue	Cylander	Lust is Heat	A	Left	Ħ	A Man with His Aroused Genitals Bared
S	0111 0011	ς	פ	щ	स	
Cadmium	Sapphire	C ₂ H ₅ OH	Orchid	Rabbits	Genitals	Rain Forest
Leisure	Playmate	Pleasure	روح الخضرية	Compassion	Sensual	Nymphomania
All You	Look at it a different way.	Do they love you for you?	Intamcy can be healing.	Change specifics to ambiguity.	Converting the maiden.	Don't use others.
Now	A copy of a copy of a copy.	Sensualité is a mighte of oure soule.	EARUD	Reproduction	物或惡之 故 有道者不處	this
Consecrated Intercourse	Strip and face each other railed. Kneel and then st back on your legs, with heres spread. Xis and say each others anime. Touch each others gentals. Once aroused the receptive partner should turn and bend there face to the ground. Arching their back to present their receiving onlike to their partner, they should sign deeply. The insertine patterns should them ne to their knees and fracer, saying 1 love you."	Feast of Carnal Delights (99)	Both hands joined, palm to palm, extend the index fingers together pointed downward. The other fingers and the thumbs are interwined.	Straigten you posture, and tighten your abomen as you inhale deeply, hold for 11 count, relax and exhale. Repeat 3 times.		Give a genuine compliment.
Seduction	Novitiate	Robe	Virtues	The Empress	Pepper	Aphrodesiacs
Virgo Cluster	Capella B	Summer Solstice	m	Virgo	Kopff	61 Virginis b
Min	Branwyn	Priapus	11+=	St. Mary Magdalene	Sikh ī	Alfred Kinsey

17	Σ	Series	1, 1, 2, 5, 14, 42, 132,	gray	b	123
Livid	Tetrahedron	Time Periods are Containers	R	Out	Ħ	A Young Man With A Clock Behind Him
t	0111 0100	τ	צ	123	त	
Cobalt	Pyrite	NaOH	Wheat	Eagle	Feet	Tundra
Stability	Authority	Optimism	روح الحيوانية	Leadership	Prospective	Amnesia
Hold On	Persistance is rewarded.	Hold on.	Focus on getting stronger.	When is it for?	Exceeding critical mass.	Which is better for the long run?
Now	An explanation of what happens and why.	Fast thou never so mochel, wake thou never so longe, rise thou never so eerly.	EHRUD-70 EDU H ^A H- ^A F	Progress	道法自然	this
Upon Awakening	Arise and be present in your surroundings in this new day. Think of what you plan to do today, and imagine it as already well achieved.	Day of Waking (234)	Lift the hand in line with the shoulder, the wrist bends backwards and the fingers and the palm face upwards. Point the fingers away from the body.	Take three increasingly long breaths through the nose.	~	Take a trip.
Levitation	Pilgrim	Shoes	Powers	The Emperor	Wormwood	Ampehtamines
Local Supercluster	Spica	Winter Solstice	४	Taurus	Comas Solá	Gliese 176 b
Ra	Turenn	Zeus	HZWYJ	St. Thomas Aquinus	Vessab ū	Albert Einstein

18	^	Exponentiation	1, 1, 2, 5, 15, 52, 203,	katal	l_{p}	144
Orange	Cube	Love is a Journey	Ħ	In	Ħ	A Young Girl Drinking From a Fountain
V	0111 0110	ф	ק	P	व	
Osmium	Citrine	HCl	Orange	Bees	Mouth	Mediterranean
Acceptance	Victim	Submission	روح الشخصية	Receptiveness	Survival	Bipolar Disorder
Unclear	Not everything can succeed.	Just go with it, for now.	Its just inflamed.	Your mistake was a hidden intention.	Retiring, retreat, yeilding.	Give it away.
Now	Camp!	This same subjeccion of the body to the spirit may be in maner verrely conceived in the preof of this goostly werk of this book by hem that worchen therin.	4404 44444444 400-44	Acceptance	是謂要妙	this
After a Morning Meal	Wash yourself. Breath deep. Tell youself you will do what you can, but the pattern will have its way and that's okay. Feel the pattern of the day and imagine it moving your way.	Feast of Maximum Occupancy (288-292)	Bend the fingers with tips extending toward the shoulders. The palms of the hands face downwards.	Inhale to the count of 4, hold your breath for the count of 7, and sigh out beeply through the mouth for a count of 8.	<u>k</u> _	Give charity.
Mimicry	Neophyte	Hammer	Pricipalities	The Priestess	Labdanum	Antiinflamatories
Fornax Great Wall	Antares	Opposition	m,	Scorpius	Oterma	142 G. Scorpii
Bes	Creide	Hestia	72×+9	St. Anthony	Kakusandha	Johann Sebastian Bach

19	[]	Set	3, 7, 31, 127, 8191, 131071, 524287,	tesla	Ме	333
Scarlet	Octahedron	Control is Holding	Ŧ	Here	Ħ	A Woman with Her Aroused Genitals Displayed
X	0111 1001	χ	ר	ф	ॠ	
Titanium	Ivory	СН₃ОН	Corn	Chicken	Breasts	Tropical Coast
Self Expression	Teacher	Interest	روح الإنسان	Creativity	Spiritual	Codependence
Either Way	Returns unsure.	Be thoughtful.	Psychosomatic.	Externalize your emotions.	Feelings conjoining, wooing.	Communicate, don't confront.
Now	A way to believe.	This was greet love; this was passing love.	EAREA	Commitment	復歸於樸	this
At a Midday Meal	Accept some advice or read some wisdom. Talk to someone about meaningless things. Play a game with others.	Night of Romance (55)	Keep the hands close to the chest with the palms and fingers joined.	Inhale through the nose, hold for 3 counts, exhale. Repeat 3 times.	_	Take someone or something seriously.
Consecration	Member	Altar	Archangels	The Priest	Tobacco	Nicotine
Observable Universe	Pollux	Conjunction	П	Gemini	Väisälä	Pollux B
Imhotep	Danu	Metis	12/4h	St. Bennedict	Ko ņā gamana	Nikolai Tesla

20	±	Inverse	0, 1, -1, 2, -2, 3, -3,	henry	a ⁻¹	700
Dark Green	Dodecahedron	Arguments are War	Я	There	■	A Man in a Hat Next To a Potted Plant
У	0111 1001	Ψ	ש	£	य	
Indium	Emerald	CH ₄	Aloe	Sheep	Anus	Cave
Fulfillment	Guide	Concern	روح سرية	Hygene	Natural	Bulemia
Getting Better	It's not personal, it's business.	Be cautious with your heart.	The fever is highest before it breaks.	Go to the extreme, come part way back.	Articulating moderation.	Take care.
Now	Cages of thought.	And therfore I preye thee help me, and do thou for thee and for me.	ED·4A E4A4AU	Empathy	是以聖人去 甚 去奢 去泰	this
Before an Evening Meal	Cease any labor. Be grateful for good things of the day and for the meal. Forgive yourself for your daily failings.	Day of Fasting (78)	Point the hand downward away from the body.	Inhale deeply into the belly through the mouth, hold for seven counts, exhale fully from the mounth.	Å	Forgive them.
Empathy	Fellowcraft	Cup	Angels	The Judge	Citrus	Empathogens
Universe	Fomalhaut	Lunar Eclipse	89	Cancer	Reinmuth	55 Cancri f
Anubis	Epona	Demeter	Y1-9Y1	St. Francis	Kassapa	Mary Wollstonecraft

21	∞	Infinity	1, 2, 2, 3, 2, 4, 2,	degree celsius	Ŕ	777
Yellow	Icosohedron	Peace is Fullness		Everywhere	Ш	A Young Woman Sitting Cross- Legged, Holding a Light
Z	0111 1010	Ω	ת	q	झ	
Zinc	Jade	C ₁₂ H ₁₆ N ₂	Lotus	Dragon	Head	Glaciers
Transcendance	Student	Surprise	روح سر أسرار	Inquistiveness	Abstract	Dementia
Very Lucky	Investments will pay off.	Love is awesome.	Doesn't matter.	Go outside. Shut the door.	Returning, a turning point.	Do what's right.
Now	An abstract faith.	And therfore travayle fast awhile, and bete apon this highe cloude of unknowyng, and rest sithen.	#F#+##+##	Transcendance	不道早已	this
Prior to Sleep	Breath deeply. Let everying go. Tell yourself you are safe. Relax each muscle, moving from head to toe. Feel your body and mind lightening together.	Feast of the Pattern (123)	Intertwine fingers of both hangs at chest height. Point both index fingers and middle finger of right hand straight up	Breath in 3 count through the nose, hold for 3 counts, then exhale for 7 counts. Repeat 7 times.	Ĭ	Bite your tongue.
Transcendance	Applicant	Door	Choirs	The World	Saffron	Ethnogens
Multiverse	Deneb	Supernova	¥	Pices	Kirsch	54 Piscium b
Heha	Arawn	Morpheus	¥*1**y	Salvation	Gautama	Terrence McKenna